

Abacus Children's Day Nursery
Week 2 Spring & Summer Menu
Allergens are identified in the blue

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals, toast or porridge served with milk or water				
Morning Snack	Crispbread and Spread	Manderins	Apricots	Cheese and carrot sticks Mi	Banana
Lunch	Fish pasta bake F Mi CG	Vegatable Bolognese with spaghetti and garlic bread CG	Chicken risotto	Mince with new potates and mixed veg	Fish Korma, brown rice and naan bread CG F Mi
Pudding	Melon	Peaches and cream Mi	Jelly	Banana bread CG	Stewed apple and custard Mi
Afternoon Snack	Pineapple	Crumpet and carrot butter	Cheese twists CG Mi	Melon	Rice cakes and spread
Tea	Calzone Pizza CG Mi	Potato croquettes and beans CG	Fish finger wrap F CG	Savoury rice	Cheese sandwiches and Jam sandwich CG
Pudding	Fromage Frais Mi	Blueberry muffin CG	Pear	Apples	Short bread CG