

Abacus Children's Day Nursery
Week 1 Spring & Summer Menu
Allergens are identified in the blue

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals, toast or porridge served with milk or water				
Morning Snack	Manderins	Muffin and Jam CG	Cucumber and cheese sticks Mi	Rice cakes and soft cheese Mi	Banana
Lunch	Mince, new potatoes and mixed veg	Fish curry brown rice and naan bread CG F	Cauliflower and broccoli bake Mi	Chicken and leek pie with mashed potatoes CG	Beef lasagna and garlic bread Mi CG
Pudding	Banana and custard Mi	Ginger biscuit CG	Mixed fruit salad	Flapjack CG	Jelly
Afternoon Snack	Water biscuit and spread	Pear	Pepper sticks	Melon	Breadsticks and soft cheese Mi CG
Tea	Spaghetti hoops on toast CG	Cheese and tomato pizza Mi CG	Waffle and beans	Ham sandwich and crisps CG	Pasta salad CG
Pudding	Shortbread	Oranges	Chocolate cookie CG	Fromage frais Mi	Pineapple